

Assisted Delivery Discussion Aid

Use this aid in team discussions about assisted vaginal delivery or C-section. Assisting delivery may be appropriate if your condition meets these criteria, but **discuss with your team what is best for you and your baby** (see *Labor Support Guide* for options).

What are your reasons for considering assisted delivery?

What are the MINIMUM conditions for assisted delivery?

MOM

Request



- ☐ You believe that operative delivery is the best option for you after discussion with your care team

BABY

Concerns about wellbeing



- ☐ On-going slow heart rate OR
- ☐ Far away from delivery with either:
 - ☐ Repeated slow downs in heart rate that do not improve with support
 - ☐ High heart rate that does not improve with support

Slow induction



Either:

- ☐ Early labor (4 cm or less) for 24 hours or more
- ☐ Medications to support contractions and waters broken for 15 hours or more

PROGRESS

Slow progress



No cervical change with waters broken and 6 cm or more dilated with either:

- ☐ Good contractions for 4 hours or more
- ☐ Medications to support contractions for 6 hours or more

Prolonged pushing without progress



Either:

- ☐ Pushing for at least 3 hours if this is your first labor
- ☐ Pushing for at least 2 hours if you have labored before

TEAMBIRTH



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